

Schedule at a Glance

Student Success Day – Fall 2024

Time	Activity	Room
In-Person Sessions – Group 1		
9:30 am	Mind Matters: Strategies for Mental Well-Being in College	HS 128
	I'll Get to it Later...Or Maybe Not: A Procrastinator's Guide to Success	SH 210
	Master Your Academic Roadmap: Tools for Success!	AT 210
	Failing to Plan, is Planning to Fail	SH 110
	How Money Works	HS 136
	Using tigers, lizards and Arnold Schwarzenegger to help overcome your fear of math or any other challenge.	HS 131
In-Person Sessions – Group 2		
10:30 am	Mission Possible: Unveiling the College's Core Values	S2002
	Respect and Responsibility: Understanding Consent and Preventing Misconduct	HS 131
	Goddard Library – 30 minute In-person Orientation 10:30-11 and 11-11:30	Goddard Library
	Support for Parenting Students	S2004
	How to Write Essays Fast (without trying so hard)	SH 110
	How Money Works	HS 136
	I'll Get to it Later...Or Maybe Not: A Procrastinator's Guide to Success	SH 210
Main Attraction (Keynote)		
11:30 am	Mindfulness Is Your Superpower! Hack your brain for greater happiness.	Sports Center – Performance Court
12:30 to 2 pm	Lunch and Find Your Future Fair	Sports Center – Field House
Synchronous Online Session		
7:00 pm	How Money Works	Zoom – Link on D2L
Asynchronous Online Sessions – See D2L for Content		
Tuesday - Friday	Tips for Success in Online Learning	
	How to Talk to Your Professor	
	How to Find Affordable Quality Child Care	
	Introduction to D2L Brightspace	
	Time Management	
	Environmental Science Program at RCTC and Careers	
	Goddard Library Orientation	